

Amber O'Donnell

P.E. Teacher



This is Mrs. O'Donnell's first year at Holy Family School. She went to school at The University of Missouri-Columbia, where she earned a bachelor's degree in elementary education. She then went on to teach in the public schools for 5 years. She has been staying at home for the past 11 years and has enjoyed volunteering and subbing at Holy family and teaching an exercise class at the YMCA.

Mrs. O'Donnell has a husband of 13 years, a daughter and a son who both attend Holy Family, and a baby due in February. She enjoys watching her kids at their afterschool activities, working out at the YMCA, swimming, traveling, and boating on the river. She dreams of one day having her own pool because she grew up swimming on the swim team and lifeguarding, and currently loves swimming laps.

Mrs. O'Donnell has always had a passion for health and fitness and is excited to share that with Holy Family students.

