



Holy Family School

October 2023

Child Lunch \$2.75

Adult Lunch \$3.40

Milk .35

October Lunch Total: \$57.75

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sweet & Sour Chicken Rice Candied Carrots Choice of Fruit 2	French Toast Sticks Strawberry Yogurt Smile Fries Choice of Fruit 3	Ham Sandwich Chips Baby Carrots Fruit 4	Chicken Nachos Corn Spanish Rice Choice of Fruit 5	Pizza Salad Bar Celery Hummus Choice of Fruit 6
Chicken Nuggets Lettuce Salad Broccoli (cheese) Choice of Fruit 9	Grilled Cheese Tomato Soup/Crackers Celery & Carrots Choice of Fruit 10	Sausage Patties Waffles Hash Browns Choice of Fruit 11	Super Beef Nachos Corn Choice of Fruit 12	Hamburger/Bun French Fries Baked Beans Choice of Fruit 13
Chicken & Noodles Peas Lettuce Salad Choice of Fruit 16	Eggstravaganza Pancakes Hash Browns Choice of Fruit 17	Spaghetti & Meatballs Lettuce Salad Baby Carrots Choice of Fruit 18	Rib-B-Ques/Bun French Fries Choice of Fruit 19	Mozzarella Sticks Salad Bar Hummus Choice of Fruit 20
Chicken Patty/Bun Candied Carrots Lettuce Salad Choice of Fruit 23	French Toast Sticks Strawberry Yogurt Smile Fries Choice of Fruit 24	Pork Roast/Gravy Dinner Roll Mashed Potatoes Green Beans Choice of Fruit 25	Super Beef Nachos Corn Choice of Fruit 26	NO SCHOOL 27
Chicken Nuggets Lettuce Salad Broccoli (cheese) Choice of Fruit 30	Cheese Omelet Muffin Tater Tots Choice of Fruit 31			

"This institution is an equal opportunity provider."